



Mindfulness-Enhanced
Strengthening families Program 10-14



Extension
UNIVERSITY OF WISCONSIN-MADISON



FOR: Parents/Caregivers and Youth ages 10-14
WHEN: Monday evenings: October 21 — December 2, 2019
5:30 -8:00 pm Includes supper and childcare
WHERE: Antigo Middle School, 815 7th Avenue, Antigo WI
Please note: You do not need to be enrolled at AMS to participate.

Names of adults attending:		
1.	_____	
2.	_____	
Names of youth ages 10-14 attending:		
1.	_____	Age _____ M/F
2.	_____	Age _____ M/F
3.	_____	Age _____ M/F
Names of youth needing childcare:		
1.	_____	Age _____ M/F
2.	_____	Age _____ M/F
3.	_____	Age _____ M/F
Family address:		

Family phone number: _____		Do you text with this number? Y /N
Family email address: _____		

Please list any dietary restrictions of other information you would like us to know about your family:

Pre-registration is required by October 14, 2019.

***** Please return completed registration to: Carrie Kubacki, Langlade County Extension Office**
 837 Clermont Street, Antigo WI 54409
 Or email form to: carrie.kubacki@wisc.edu.

For more information, please call (715) 627-6236.