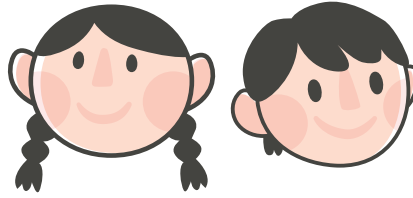


Name:

Date:



VALUES: WHAT IS IMPORTANT TO ME?

This worksheet is to help you understand what is important to you. For each item, please fill or mark the circles on how important they are. Please be honest and take your time!

Very Important = ●●● Important = ●● A Little Important = ● Not Important = leave blank.



Having good grades



Being good in sports



Having fun



Being popular or famous



Have a lot of money



Have material goods



My religion



Being clean and organized



Being careful and safe



Being creative



Learning new skills & information



To keep trying and not give up



Able to do things on my own



Being responsible for my actions



Spending time with family



Having good friends



Being honest



Helping others



Being respectful & fair



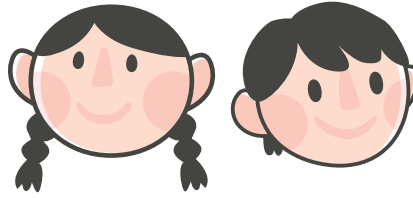
Being thankful



Being able to forgive others

Name:

Date:



VALUES: WHAT IS IMPORTANT TO ME?

Thank you for completing the worksheet! We hope you learned something about yourself. Here are a few more questions to think deeper about your values!

A. Of all the values you marked as "Very Important", what are the top three most important to you?

1.) _____
Why is this value important to you?

2.) _____
Why is this value important to you?

3.) _____
Why is this value important to you?

B. Of all the values you marked as "A Little Important" and "Not Important", what are the top two least important to you?

1.) _____
Why is this value least important to you?

2.) _____
Why is this value least important to you?

C. Which values do you think your parents will choose as very important to them?

D. Which values do you think your close friend will choose as very important to them?