

Try Saying Something Else

Kids with a fixed mindset believe they can't improve. Kids with a growth mindset believe they can improve by using successful strategies and working hard. Help your child decide which phrases belong in each column.

Fixed Mindset

Growth Mindset

Cut out these phrases and decide which column to glue or tape them into:

I can't do this.

This is too hard.

I need help understanding this.

It's not going to work anyway.

I can learn from this mistake.

What can I learn from my friend?

It'll take me some time to get this.

I'll never get any better at this.

I give up.

I tried and it didn't work.

I'm just not good at this.

I'll try it a different way.