# Langlade County H Record Book

I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service, and my **HEALTH** to better living, for my club, my community, my country, and my world.

* 14	
~ (V	

Name:	
Address:	
Birth date:	
Name of 4-H Club:	
Name of Parent or Guardian:	



An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible (10 days is reasonable) preceding the scheduled program, service or activity.

# 4-H Record Book Instructions:



1. The 4-H Record Book is a great tool to capture some of your favorite things you learned about and worked on throughout the year.

2. It also helps the 4-H Club leaders select individuals for special awards and certificates at the yearly Achievement Day celebration.

3. Be sure to add newspaper clippings and photos to help highlight your favorite things that happened this year and what your favorite project was.

## Index Page

Insert Photo of Yourself Here

## Table of Contents:

- 4-H Story
- Favorite Project –please select your favorite project
- 4-H Projects Exhibited at the Fair
- 4-H Permanent Activities Log
- Miscellaneous clippings, photos, awards, etc.
- 4-H Member Permanent Record

## 4-H Story

Please choose one experience (most memorable, favorite project, most favorite activity) that you had in 4-H this year and share why it was important and memorable to you.

## **Favorite 4-H Project**

Please select your favorite project that you worked on throughout the year. Feel free to add photos or newspaper clippings following this page.

Name of Project:\_\_\_\_\_ Number of Years in the Project:\_\_\_\_\_

Describe something special about your project this year:

Share one thing you learned this year from your project:

Explain the plans you have for next year related to this Project:

## 4-H Projects Exhibited at the Fair

Name of project:	Ribbon Placing:

## 4-H Permanent Activities Log

Record 4-H activities, events, trips, officer positions etc. Use this list as the master list and continue to add items to this list each year.

Name of 4-H Activity	Year completed

#### 4-H MEMBER PERMANENT RECORD

(Keep for all your years in 4-H)

Name\_\_\_\_

Club\_\_\_

The permanent record is a place for you to keep track of all achievement awards and trips and put them into points. Each completed activity is worth one point, except where two points are mentioned. Put the points in the proper grade column as soon as you complete that activity.

#### **4-H Project Points**

Write each enrolled project name in the column only once (not individual fair projects). Youth leadership should be counted as a project and may be counted as complete by helping your club, project or county. Put one point for each year you complete the project by exhibiting it at the fair or club meeting.
YOU MAY ONLY RECEIVE UP TO EIGHT POINTS IN ANY ONE YEAR FOR YOUR COMPLETED PROJECTS.
Remember: One point per item brought to the fair

List Projects Once	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th
Example: Sewing		1	1								
1.											
2.											
3.											
4.											
5.											
6.											
7.											
8.											
9.											
10.											
11.											
12.											
13.											
14.											
15.											
TOTAL PROJECT POINTS (UP TO 8 PER YEAR)											

#### 4-H Activities

## One point per activity except where two points are mentioned. Where the \* appears, explain what activities you did on the pages following.

Club Level Activities	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	$7^{th}$	8 <sup>th</sup>	9 <sup>th</sup>	$10^{\text{th}}$	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>
1.Gave leader my completed record book on time											
2 Attended seven 4-H club meetings or more!											
3. Pictures in record book											
4. Artifact/print in record book ex. Newspaper article											
5. Attended two club project training meetings											
6.Member of club committee*											
7. Club committee chair- man*											
8. Officer of club* (2)											
9. Song leader/Recreation leader											
10. Participated in club fundraiser											
11. Attended a club spon- sored tour, picnic, or trip											
12. Youth leader in 4-H ac- tivity (drama, music)*(2)											
13. Youth leader in project*(2)											
14. Youth leader-at club meeting*(2)											
15. Gave a talk/report at club meeting											
16. Gave a demonstration at club meeting											
17. Helped with club activity in community service											
18. Exhibited your project at a club meeting											

	т г	 				
19. Helped with community						
service project not						
related to 4-H						
20. Recruit a new member * (2)						
21. Other 4-H club activity *						
22 Other 4-H club activity *						
23. Other 4-H club activity *						
24. Other 4-H club activity *						
25.Other 4-H club activity *						
26. Other 4-H club activity *						
	$\downarrow$					
TOTAL CLUB POINTS						

County Level Activities	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	$8^{\text{th}}$	9 <sup>th</sup>	10 th	11 th	12 th	13 <sup>t</sup>
27. Helped at county project Training (2)											
28. Speaking event (2)											
29. Clothing Revue (2)											
30. Exhibited at county fair (2)											
31. Attend older youth activity*											
32. Attend older youth activity*											
33. Attend a leadership workshop											
34.Participated in National 4-H Week ( Promotion)											
35. Participated in a County Trip											

2( + 1 + 1 + (0))	<u>г</u>	1	1	1	1			
36. Ambassadors (2)								
37. Helped with club booth/banner/ planter etc.								
at fair								
38. 4-H poster Contest								
39. Talent Explosion (2)								
1 ()								
40. Attended Summer Camp								
-								
41. Exhibited in addition to fair * Ex. At the								
Library								
42. Summer camp counselor (2)								
43. Judging team member (2)								
44. 4-H Achievement ceremony								
45. Visited school or Community organization								
to promote 4-H (2)		 _						
46. Gave 4-H radio or TV								
Presentation (2)		_						
47. June dairy month Promotion								
19 Emage at county event		_						
48. Emcee at county event								
49. Helped at county event								
49. Helped at county event								
50. Attend county project meeting								
51. 4-H volleyball								
52. Fair Auction								
(cake, market animal, small animal)								
53.Member of county project committee * (2)								
54.4-H Leaders Association Board youth mem-								
ber (2)								
55.Youth leader of county activity * (2) Ex.								
SPARKS Days/Project Discovery days								
56.Participated in Project		 -						
SPARKS Days/Discovery Day								
57.0ther 4-H county activity *								
58.Other 4-H county activity *	$\vdash$							
59.Other 4-H county activity *			1					
60.Other 4-H county activity *			1			-		
TOTAL COUNTY POINTS			1					

Multi-County, State, National Activities	$3^{\rm r}_{\rm d}$	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 th	10 th	11 th	$12^{t}$	13 th
63. Attended district 4-H meeting (2)											
64. Counselor of 4-H Program or Trip (2) (other than summer camp)											
65. State 4-H Conference Delegate (2)											
66. Area Animal Science Day (2)											
67. Participated in state Fair (2)	<u> </u>										
<ul><li>68. Participated at state</li><li>4-H dog show (2)</li></ul>											
69. Participated at state 4-H horse show (2)											
70. Participated in other state event * (2)											
71. Participated in state Workshop or event*(2)											
72. Citizenship Washington Focus delegate*(2)											
73. American Spirit Trip*(2)											
<ul><li>74. Participated in national event*</li><li>(2)</li></ul>											
75.Space Camp (2)											
76.4-H Day at the Capitol (2)											
77.Fall Forum (2)											
78. State shooting event (2)											
79. State Team Member * (2)											
80.State Camp (art beat etc.)*(2)											
81.Participate in											
International Exchange (2)											
82. International Host*(2)											
83. WLC Member (2)											
84. Other 4-H area activity*(2)											
85.Other 4-H area activity*(2)											
86.Other 4-H area activity*(2)											
87. Other 4-H area activity*(2)											
TOTAL DISTRICT, ETC. POINTS											

Totals from each section	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	$10^{\text{th}}$	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>
Project Points UP TO 8 per year											
Club Activities											
County Activities											
District, State, National Activities											
Total points for each year											
TOTAL ACCUMU- LATED POINTS FOR ALL YEARS											

On the following pages, explain briefly what you did in activities that are marked with an asterisk (\*). Use extra pages if needed.

## Description of Activities

Line items where the \* appears, explain what activities you did in the space provided.

Example: 2014, #6 – Worked on fair booth committee and made the signs.

Year	Item #	Description

Year	Item #	Description

#### **4-H Awards**

Read the Langlade County 4-H awards program for information on 4-H awards and trips. You can get a copy from your 4-H leader. Put the year by the award or trip when you received it and use for your records only.

First-year Disc	Bronze Disc
Silver Disc	Gold Disc
Honor Disc	4-H Keychain & Disc
4-H Cup & Disc	4-H Duffel Bag & Disc
Graduate Disc	Graduate Disc & Bookends
Young Member Disc	Intermediate Member Disc
Club Youth Leader Disc	Agriculture Award
Home Economics Award	Science & Other
Youth Leader	Teen Leader
Achievement	Outstanding 4-H Member
Club Secretary's Award	Natural Resources Award
Spirit Award	Youth in Action
Key Award	

#### **4-H Trips**

Summer Academy	Citizen Washington Focus
American Spirit Trip	National 4-H Congress
National 4-H Conference	U.S Space Camp
Other state trip	Other state trip
Discover WI	Other county trip
Other county trip	